

Notes 6/26 Dependent Care  
Elder/Disabled Adult sub-committee

- 1) Update on Guidance from Steering Committee
  - a) Whatever we do needs to be addressing poverty: What actions can we take? (not just elder/disabled adult issues but focus on those persons providing care to elder/disabled adults)
  - b) Also need to address racial disparities:
    - i) 98 white, 106 black, 1 Hispanic= Elders in Services in A-C county
    - ii) most live alone
    - iii) 60% of those served are at or below poverty (125% of the poverty rate)
    - iv) Once senior center per county but transportation services provide county-wide access
- 2) What have we learned about existing services?
  - a) Also need to focus on Caregiver. How?
    - i) Care-net (through Roselyn Carter Institute—local contact through AAA)
    - ii) What caregivers need?
      - (1) Waiting list for services: homemaker, home delivered meals, respite
- 3) How to “Break the Cycle” examples and ideas for Athens
  - a) “Time dollar USA” (van drivers) [www.timedollar.org](http://www.timedollar.org)
  - b) Time bank already working in Atl. Is it computer managed? (Shanna Garmatz & Paul Griffin to contact Atl. group for more information)
  - c) HOPE Service component
    - i) 236,000 HOPE recipients in GA. How many are at UGA?
    - ii) 10 hrs a semester of community service for recipients?
  - d) CNA training.
    - i) could pre-med/pre-nursing get trained for free and in return, volunteer their services to address respite issues.
    - ii) how long does it last?
    - iii) also: free CNA training scholarships could be offered to community members living in poverty and in return, they could “pay” for the free training by community service hours. This could increase their income by getting them better jobs, and address poverty issues in A-C County on multiple levels.
      - (1) Contact Athens Tech for more information on CNA program
- 4) Ideas for Community Conversations:
  - a) Care-net (gather more information on linking this initiative with them)
  - b) Focus group with those that work directly with caregivers through home agencies/case managers/nurses and social workers (Anne Hansen can coordinate this)
    - i) Caregiver support groups in churches
    - ii) DFACS/Adult Protective Services
    - iii) Council on Aging
    - iv) Email questions to ask caregiver providers to Denise Lewis ([dlewis@fcs.uga.edu](mailto:dlewis@fcs.uga.edu))
- 5) Next Steps:
  - a) Let Vivian Fisher know if coming to training
  - b) interim reports
  - c) who will be our contact person? Denise Lewis
  - d) “Action” ideas need to be given to the steering committee by the end of July
    - i) Make sure Council on Aging comes to the volunteer fair (meals on wheels, etc.)-Kathryn Fowler @ Council on Aging (tell Tim/Red/or Joe)
- 6) Next meeting July 24<sup>th</sup>